

SMART  
STARCH

# Thick & Easy™ hot and cold liquids

Thick & Easy™ – the market leading instant food thickener\*



\*IMS market share, August 2008

*Thick & Easy™*  
safer nutrition, safer hydration

 Fresenius  
Kabi  
Caring for Life

# Thick & Easy™ hot and cold liquids

Using a whisk or fork, mix the following amount of Thick & Easy™ into 100ml of liquid:

- Syrup consistency (Stage 1\*) = 1 scoop
- Custard consistency (Stage 2\*) = 1 – 1.5 scoops
- Pudding consistency (Stage 3\*) = 2 scoops

Leave to stand for 1 minute to achieve maximum consistency.

To aid palatability, you may need to prepare drinks weaker than normal.

For milky drinks, whisk briskly for 30 seconds prior to adding Thick & Easy™.

Thick & Easy™ can be used to thicken fruit juice, coffee, tea, alcoholic drinks, meat stock or any other liquid.

\*National descriptors for texture modification (2002 RCSLT/BDA)

